Choose the magnesium that is right for you.

Available in capsules, powder & liquid, in the dose that meets your needs

12 24.305 2 1380 922 **Mg** [Ne] 3s²

OPTIMIZED MAGNESIUM BIS-GLYCINATE



Magnesium Bis-Glycinate Gentle - Vegetable Capsules & Powder

Designed to maximize magnesium intake while maintaining gentleness and absorption. Recommended for most individuals.



Active lifestyle



Magnesium Bis-Glycinate 140 **Extra Gentle** - Vegetable Capsules

Designed for those seeking potency with enhanced gentleness. Recommended for those with IBS or weak stomach acid.





Sensitive stomach

55 years or older



Magnesium Bis-Glycinate **Ultra Gentle** Vegetable Capsules, Liquid, Powder & Drink Mix

Designed for those seeking maximum gentleness. Recommended for those with multiple prescriptions or digestive conditions like Crohn's and colitis.







Sensitive Stomach

Digestive Health

If Taking Medications

Choose the magnesium that is right for you

Achieve your goals with enhanced magnesium formulas

12 24.305 922 [Ne] 3s²

GOAL-SPECIFIC MAGNESIUM



Magnesium Sleep +GABA & Melatonin

Augmenting our Extra Gentle magnesium form with melatonin and GABA, this formulation is designed to help people relax, reset their circadian biological







Jet lag



Magnesium Cardio + Taurine, B6 & Zinc

Extra Gentle magnesium combined with therapeutic levels of taurine, vitamin B6 & zinc, this formulation is designed for those seeking stronger cardiovascular support in their magnesium.



Cardiovascular Health



Proper heart muscle function



Magnesium Malate

This magnesium form is often recommended by naturopathic doctors for improved metabolic + energetic function.



chronically fatigued



Aching muscles or inflammation



Magnesium Multi Mineral

This proprietary extra gentle magnesium-glycine complex is combined with 8 chelated & highly absorbable essential minerals to support everything from tissue formation to metabolic function.



Lifestyle



People



Magnesium + Vegan D3 & K2

This proprietary extra gentle magnesium-glycine complex is enhanced with vegan vitamin D3 and soy-free vitamin K2 to help you absorb calcium and build strong, resilient bones.



& Teeth



Speeds Recovery



Magnesium Stress Release

Magnesium Stress Release is formulated with ashwagandha, an adaptogen that's long been used to heal stress, as well as key vitamins B5, B6, and C for quelling stress hormone production.



Stress Support



Cognitive Health



ElectroMag™ Effervescent Drink Mix

ElectroMag delivers a shocking 150mg of elemental magnesium with vitamin C and electrolytes, all in a refreshing effervescent drink. It's an ideal form whether you're training for a triathalon or enjoying an active life.



Being active or on the go



Endurance athlete